

## September 2022 Middle School/High School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>Breakfast Menu for the Month</u></b> Each breakfast comes with Milk & 100% Fruit Juice Poptart and Cereal will be choices daily				
Cinnamon Roll	Bacon and Egg Bagel	Sausage Breakfast Pizza	Chicken Biscuit	Sausage Biscuit
<b><u>Lunch Menu</u></b>				
			<b>1</b> Chicken Fajita Wrap Or Beef Fajita Wrap <u>Sides</u> Turnip Greens Corn Mixed Fruit	<b>2</b> Buffalo Chicken Bites or Chicken Nuggets w/roll <u>Sides</u> Carrots Steamed Broccoli Peaches
<b>5 HOLIDAY NO SCHOOL</b>	<b>6</b> Beef Taco or Chicken Taco <u>Sides</u> Lettuce/Tomatoes Corn Strawberry Cup	<b>7</b> Cheese Pizza or Pepperoni Pizza <u>Sides</u> Toss Salad Baked Beans Peaches	<b>8</b> Steak & Cheese Sub Or Meatball Sub <u>Sides</u> Potato Wedges Peppers/Onions Mandarin Oranges	<b>9</b> Hamburger or Chicken Patty <u>Sides</u> Steamed Broccoli Carrots Pears
<b>12</b> Chicken Nuggets w/ roll or Hot Dog <u>Sides</u> Cole slaw Baked Beans Strawberry Cup	<b>13</b> Pepperoni Pizza Or Cheese Pizza <u>Sides</u> Green Beans Corn Pears	<b>14</b> Pork chop or Chicken Alfredo <u>Sides</u> Mashed Potatoes Broccoli Mandarin Oranges	<b>15</b> Spaghetti or Buffalo Bites <u>Sides</u> Green Peas Pinto Beans Applesauce	<b>16</b> Chicken Tenders Or Chicken Wings <u>Sides</u> Yams Cabbage Peaches
<b>19</b> Cheeseburger or Chicken Patty <u>Sides</u> Baked Beans French Fries Pears	<b>20</b> Oven Fried Chicken or Hamburger/Gravy/Roll <u>Sides</u> Mashed Potatoes Green Beans Mandarin Oranges	<b>21</b> Hot dog or Corn dog Nuggets <u>Sides</u> Cole Slaw Pinto Beans Applesauce	<b>22</b> Chicken Fajita Wrap Or Beef Fajita Wrap <u>Sides</u> Turnip Greens Corn Mixed Fruit	<b>23</b> Buffalo Chicken Bites or Chicken Nuggets w/roll <u>Sides</u> Carrots Steamed Broccoli Peaches
<b>26</b> Grilled Chicken or Bbq Rib Sub <u>Sides</u> Cabbage Green Peas Applesauce	<b>27</b> Beef Taco or Chicken Taco <u>Sides</u> Lettuce/Tomatoes Corn Strawberry Cup	<b>28</b> Cheese Pizza or Pepperoni Pizza <u>Sides</u> Toss Salad Baked Beans Peaches	<b>29</b> Steak & Cheese Sub Or Meatball Sub <u>Sides</u> Potato Wedges Peppers/Onions Mandarin Oranges	<b>30</b> Hamburger or Chicken Patty <u>Sides</u> Steamed Broccoli Carrots Pears



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In our efforts to provide tasty, fresh and healthy meals, we may make changes to the menu at the Chef's discretion or food availability.

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