

November 2022 Middle/High School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Menu for the Month Each breakfast comes with Milk & 100% Fruit Juice Poptart and Cereal will be choices daily				
Pancakes/Syrup	Bacon and Egg Bagel	Sausage Breakfast Pizza	Chicken Biscuit	Ham and Egg Croissant
Lunch Menu				
	1 Beef Taco or Chicken Taco <u>Sides</u> Lettuce/Tomato Corn Grapes	2 Cheese Pizza or Pepperoni Pizza <u>Sides</u> Toss Salad Baked Beans Peaches	3 Sweet/Sour Chicken or Meatball Sub <u>Sides</u> Potato Wedges Chicken Rice Mandarin Oranges	4 Cheese Sticks or Chicken Patty <u>Sides</u> Broccoli Yams Pears
7 Chicken Nuggets/Roll or Bbq Pork/Bun <u>Sides</u> Cole Slaw Baked Beans Strawberry Cup	8 Pepperoni Pizza or Chicken Wings/Roll <u>Sides</u> Green Beans Corn Pears	9 Lasagna or Chicken Alfredo/Garlic Bread <u>Sides</u> Mashed Potatoes Broccoli Mandarin Oranges	10 Meat Lover Pizza or Buffalo Chicken <u>Sides</u> Green Peas Pinto Beans Watermelon	11 Chicken Tenders or Grilled Cheese <u>Sides</u> Tomato Soup Cucumbers Peaches
14 Chicken Patty or Sloppy Joe/Bun <u>Sides</u> French Fries Baked Beans Pears	15 Oven Fried Chicken or Lasagna/Garlic Bread <u>Sides</u> Green Beans Mashed Potatoes Mandarin Oranges	16 Cheese Sticks or Corn Dog Nuggets <u>Sides</u> Broccoli Slaw Pinto Beans Applesauce	17 Turkey/Gravy and Stuffing <u>Sides</u> Mashed Potatoes Green Beans Sweet Potato Pie	18 Grilled Cheese or Buffalo Chicken/Roll <u>Sides</u> Baby Carrots Vegetable Soup Peaches
21 Cheeseburger or Chicken Patty <u>Sides</u> Baked Beans French Fries Pears	22 Beef Taco or Chicken Taco <u>Sides</u> Lettuce/Tomato Corn Grapes	23 HOLIDAY NO SCHOOL	24 HOLIDAY NO SCHOOL	25 HOLIDAY NO SCHOOL
28 Chicken Patty or Bbq Pork on Bun <u>Sides</u> French Fries Green Peas Applesauce	29 Chicken Wings/Roll or Cheeseburger <u>Sides</u> Lettuce/Tomatoes Corn Strawberry Cup	30 Cheese Pizza or Pepperoni Pizza <u>Sides</u> Toss Salad Baked Beans Peaches		



Please stay current with your student's cafeteria account by paying ahead. Check balance and make payment at K12PaymentCenter.com

In our efforts to provide tasty, fresh and healthy meals, we may make changes to the menu at the Chef's discretion or food availability.

USDA is an equal opportunity provider and employer.