

Syverson Pool



W122 Iron Street
Spring Valley, WI
(715)778-5605 after June 1st

Contact: Pool Mgr. Kelly Johnson
Home: 715-778-4335
Email: johnsonk@springvalley.k12.wi.us

- Syverson Pool accepts payment by cash and check. Online payments for swimming lessons and pool passes can be made on the School District of Spring Valley website.

2022 Syverson Pool Fees

| | Season Pass | Daily Fee | Punch Card | Lessons |
|--------------------------|-------------|-----------|---------------|---------|
| Child (Age 2-17) | \$80 | \$4.00 | \$35/10 punch | (see |
| Adult (Age 18+) | \$85 | \$5.00 | \$45/10 punch | table |
| Family(immediate) | \$150 | \$17 | ~~~~~ | below) |

Note: The "daily" fee applies to a full day of swimming from 1:30-5pm & 6-8pm.

- **FREE PROGRAMS** with the purchase of a season pass include:
Adult Lap Swim, Water Aerobics, Teen Night, and Family Night.
- Receive a **FREE** 5-punch guest pass with the purchase of a season pass!

2022 Swimming Lesson Fees

| | |
|---|------|
| *Within the Spring Valley School District = | \$45 |
| *Within district with the purchase of a season pass (family or individual/per child) = | \$35 |
| *Out of Spring Valley School District = | \$55 |
| *Out of district with the purchase of a season pass (family or individual/per child) = | \$45 |

Season Pass & Swimming Lesson Payment Options

- **ON-LINE POOL PAYMENTS:** Payment options for swimming lessons & pool passes can be found on the SVSD home page at www.springvalley.k12.wi.us. Click on "Online Payments" and then "Shop." ** THIS IS A PAYMENT SITE ONLY - SEE THE NEXT PAGE FOR SWIMMING LESSON REGISTRATION INFORMATION.**
- **MAILED-IN PAYMENTS:** Payments can be written out & mailed to – School District of Spring Valley, S1450 CTH CC, Spring Valley, WI 54767, ATTN: Swimming Lessons/ Kelly Johnson. Thank you!
- **Reduced** lesson fees are available to free/reduced SV District hot lunch qualifiers.

Pool Season: June 1 – August 31

- June 1st & 2nd pool hours will be from 4-8pm only due to SV Schools being in session through June 2nd.
- Regular 1:30-5pm & 6-8pm pool hours will begin on Friday, June 3rd & will continue for the rest of the summer. (Note: July 4th we will be open 1:30-5pm only – closed in the evening for the festivities & fireworks!)

Swimming Lesson Registration – Begins Fri., May 6th at noon for SVSD students & Mon. May 9th at noon for non-SV students.

Registration Options:

- **ONLINE:** Spring Valley School District (SVSD) families with children attending SV schools will receive a Skylert email on Wednesday evening, May 4th with swimming lesson & summer school class selection & registration information. (Online ends May 25th.)
 - **Friday, May 6th at noon** - The SVSD Skyward summer school & swimming lesson (both Session 1 & Session 2) registration link will go live for SVSD families with children attending SV Schools. (Bussing provided for summer school/lessons.)
 - SVSD students who are not taking summer school classes may still register online for swimming lessons. (Private transportation will be needed.)
- **EMAIL OR PHONE:** Unfortunately, the Skyward system will not enable us to offer online registration to non-SVSD families at this time. Families who do not live in the SV School District, who live in the district but do not attend SV Schools, or who are unable to register online can register by email or phone. (Email/phone continues through)
 - **Monday, May 9th at noon - EMAIL OR PHONE:** Send a detailed email or phone message for Pool Mgr. Kelly Johnson at johnsonk@springvalley.k12.wi.us or 715-778-4335. (After June 1st call the pool at 715-778-5605 to leave a message.)
 - **Please list:** 1) child's name, 2) parent/guardian name, 3) phone number & email, 4) age on June 1st, 5) session choice: session 1 (June) or 2 (July), 6) swim level, and 7) choice of top 2 preferred class times. **Look for a confirmation email or a call within 48 hours.**

****COURSE OFFERINGS WITH LEVELS & TIMES FOUND BELOW.****

- **Session 1 Lesson Dates: June 13-17 & 20-24**
 - If you would like to register a child who is attending summer school for the 11:30-noon level 2 or level 4 classes, please remember that these students WILL NOT be bussed home - alternative transportation plans are needed.
 - Non-summer school & out-of-district students may also register for Session 1 or Session 2 swimming lessons, but remember private transportation is needed.
- **Session 2 Lesson Dates: July 11-15 & 18-22**
 - SVSD bussing is not available for session 2 lessons.
- **For parents of new/young swimmers just starting lessons:**

Children are placed into our entry-level swimming classes **according to age & comfort level** in the water. Please read the descriptions below & contact pool manager Kelly Johnson if you are not sure where to place your child.

 - If your child is **under the age of five (not entering kindergarten)** and you would like to register for lessons, you should register for either the **Parent/Child I Aquatics class** (for children aged 1-3 yrs) or the **Parent/Child II Aquatics class** (for children aged 3-5 yrs). (All PCA classes are email/call-in registration only!)
 - If your child is **five and/or entering kindergarten** you may register for a **level 1 or level 2 class – taking into consideration that:**
 - ***LEVEL 1** is designed **for children who have not had much water experience**, are hesitant in the water, are not quite ready to learn to float alone, and are unable to dunk their heads comfortably and independently.
 - ***LEVEL 2** is designed **for children who are comfortable in the water**, are not hesitant in the water, are ready to learn to float alone, **and who are able to dunk their heads** comfortably and independently.

American Red Cross Swimming Lesson Course Offerings

Session 1: June 13-17 & 20-24 / Session 2: July 11-15 & 18-22

- **Level 1**- Introduction to Water Skills (9:00 & 10:30am)
 - **Level 2**- Fundamental Aquatic Skills (9:30am, 10am, 11am, & 11:30am)
 - **Level 3**- Stroke Development (9:30am, 10am, 10:30am, & 11am)
 - **Level 4** - Stroke Improvement (9am, 9:30am, 10:30am, & 11:30am)
 - **Level 5** - Stroke Refinement (10am & 11am)
 - **Level 6** - Swimming & Skill Proficiency ~ Personal Water Safety (9am only)
 - **Jr. Lifeguarding** - Pre-lifeguarding course (**Session II only, from 11-noon**)
 - **Lifeguard Training** – American Red Cross certification (**July 25-29 & Aug.1-5, 9-noon**)
 - **Private Swimming Lessons** – scheduled individually around pool calendar.
 - **Parent & Child Aquatics 1** – swimming classes for 1-3 year-olds with their parents, learning together in the water! **Session 1: June 27 - July 1 ~ 1 week M-F (5:15-5:45pm)**
Session 2: Aug. 8-12 ~ 1 week M-F (5:15-5:45pm)
 - **Parent & Child Aquatics 2** - swimming classes for 3-5 year-olds with their parents, learning together in the water! **Session I: June 13-17 & 20-24 ~2wks M-F (5:15-5:45pm)**
Session II: July 11-28 ~ 3wks M/T/TH (5:15-5:45pm)
- *For PCA class registration, see below . . . email or call-in only! Thank you!**

Swimming Lesson Levels Descriptions

Parent & Child Aquatics - PCA 1 (for 1-3 yr-olds) & PCA 2 (for 3-5 yr-olds)

Objective: To acquaint young children to the water for comfort, safety, & fun, & to help parents in developing swimming skills for their kids by learning proper techniques & assists.

Requirements: parents will be in the water one on one with their children.

****Online registration is not available for these courses. Please contact Pool Mgr. Kelly Johnson to register for PCA classes by emailing johnsonk@springvalley.k12.wi.us or calling 715-778-4335.****

Level 1 - Introduction to Water Skills (9:00 & 10:30am)

Objective: To help students feel comfortable in the water & to enjoy the water safely

Requirements: 5 years old OR entering Kindergarten (Syverson Pool requirement)

Skills Covered: Enter & exit the water safely & independently, learn to submerge mouth, nose & eyes with breath control (comfortably); front & back float & recover to a stand (with support), use hands to change direction in the water, swim across pool on front & back (with support)

Level 2 - Fundamental Aquatic Skills (9:30am, 10am, 11am, & 11:30am)

Objective: To give students success with fundamental skills

Requirements: possess a Level 1 certificate OR demonstrate all the Level 1 skills

Skills Covered: Enter water by stepping or jumping in from the side, submerge entire head for 3 seconds, blow bubbles for 3 seconds, open eyes underwater, float & glide on front & back independently, swim on front (face in, lifting to breathe) & on back across pool independently (12 yards – Syverson Pool benchmark due to depth of level 3,) & receive Safety Day Information

Level 3 - Stroke Development (9:30am, 10am, 10:30am, & 11am)

Objective: To build on Level 2 skills & begin to learn strokes through additional guided practice

Requirements: possess a Level 2 certificate or demonstrate all the Level 2 skills

Skills Covered: Jump into deep water, head first entry from sitting/kneeling, retrieve submerged object, bobbing, survival & back float, tread 30 sec, push off & glide front & back, front crawl & elementary backstroke 15yds, dolphin kick & scissors kick, & Safety Day Info

Level 4 - Stroke Improvement (9am, 9:30am, 10:30am, & 11:30am)

Objective: To develop confidence in the strokes learned thus far & to improve other aquatic skills by increasing endurance through swimming greater distances

Requirements: possess a Level 3 certificate or demonstrate all the Level 3 skills

Skills Covered: standing dive, underwater swim, feet-first surface dive, survival swim, tread water 2 min, open turns, front crawl & elementary backstroke 25 yds; breaststroke, back crawl, butterfly, & sidestroke 15 yds, & receive Safety Day Information

Level 5 - Stroke Refinement (10am & 11am)

Objective: To coordinate and refine strokes over greater distances

Requirements: Possess a Level 4 certificate OR demonstrate all the Level 4 skills

Skills Covered: Shallow dive, tuck & pike surface dives, tread water 5 min, flip turns on front & back, front crawl & elementary backstroke 50 yds, butterfly, breaststroke, back crawl & sidestroke 25 yds, sculling 30 sec, & receive Safety Day Information

Level 6 - Swimming & Skill Proficiency/Personal Water Safety (9am only)

Objective: To refine strokes to swim with more ease, efficiency, & power over greater distances

Requirements: Possess a Level 5 certificate OR demonstrate all the Level 5 skills

Skills Covered: Front crawl & elementary backstroke 100yds; back crawl, breaststroke, sidestroke & butterfly 50 yds; flip turns, survival float & back float 5 min each, tread water 2 min, continuous swim 500yds, surface dive & retrieve object from 7 feet, & Safety Day Info

****NOTE ON LEVELS SKILLS EVALUATION:**** Students are required to master skills in each level to move on to the next level. Strokes are taught as skill components in stages over more than one level – starting with the kick and then adding other components of the stroke. Students commonly may repeat a level because of the requirement for skill mastery. Sometimes more in-water practice time is needed, and sometimes kids just need time to grow and to gain strength and coordination. Try to bring your kids to the pool often to practice and have fun! :o)

Junior Lifeguarding - Session II Only: July 11-15 & 18-22 ~ 2wks M-F (11am-noon)

Objective: Designed to guide adolescents ages 11–14 to the Red Cross Lifeguarding course by building a foundation of knowledge, attitudes, and skills of future lifeguards. It serves to bridge the gap between Learn-to-Swim and Lifeguarding. (No official lifesaving certification is earned.)

Requirements: Passed level 6, or show strong ability to swim front crawl and breast stroke. A knowledge of & ability to swim side stroke, back crawl, elementary backstroke, & butterfly is also recommended due to the nature of lifeguard lesson aide assistance at Syverson Pool.

Skills Covered: Development of swimming skills & endurance, & an introduction to victim recognition, First Aid/CPR/AED, & water rescue skills. **Cost: \$45**

Lifeguard Training - July 25-29 & August 1-5 ~ 2wks M-F (9am-noon)

Objective: Learn the skills to earn 2-year American Red Cross certifications in lifeguarding, CPR, & first aid. Lifeguarding can be a rewarding job for teens, college students, & adults!

Requirements: The American Red Cross requires that a student must be at least 15 years of age to pass this class. (Note: Wisconsin state law requires a student to be 16 years old to actually lifeguard.) Candidates must also have passed level 6, or show a strong ability to swim front crawl & breast stroke. A knowledge of & ability to swim side stroke, back crawl, elementary backstroke, & butterfly is also recommended due to the nature of lifeguard swimming lesson aide assistance expectations at Syverson Pool. A swimming prerequisite will be completed on the first day of class including: a 300 yard swim, a timed swim & surface dive drill to 8 feet carrying a 10 lb. diving brick, & 2 minutes of treading water without the use of hands.

Cost: \$105 includes: instruction, book, CPR mask, & certification (with passing scores)

****To register, email johnsonk@springvalley.k12.wi.us, call & leave a message for Kelly at 715-778-4335, or call the pool at 715-778-5605 between June 1st and July 11th.**

Swimming Lesson Test-Out Dates

- **Friday, June 3rd from 5-6pm &/or Saturday, June 4th from 9-11am**
- **Thursday, August 18th from 5-6pm &/or Saturday, August 20th from 9-11am**
- **Cost: FREE!**

It is our goal at Syverson Pool to have children placed in appropriate levels before swimming lessons begin. Since children develop at different rates and can develop necessary growth and swimming skills between seasons, we offer this free service. So, if your child received a "possible test-out" notation last year, if he/she has had marked growth or improvement since last summer, or if your child has not taken lessons before please come to test-out. One of our certified Water Safety Instructors (WSIs) will observe your child's swimming skills and place him/her in the appropriate level. Please bring your child's Skills Sheet from last year if you have it, and stop by on June 3rd or 5th. Test-out should take about 15-20 minutes.

Private Swimming Lessons

- **Lessons scheduled individually around pool calendar & instructor schedule**
- **Cost: \$20 per half hour per instructor**

It's never too late to learn how to swim! In private lessons, adults and children can begin to feel comfortable and confident in the water as you learn about the physical properties of water and the natural buoyancy of the human body. Learn to enjoy the water and learn to SWIM . . . you'll be so glad you did! Classes are individually paced. Call pool manager Kelly Johnson at 715-778-4335 or email at johnsonk@springvalley.k12.wi.us with questions or for more details.

Family Fun Night

- **Family Fun Night: Sunday evenings all summer 7:30-8:30pm starting June 12th**
- **Cost: FREE with a season pass, or a \$1 per person drop-in fee**

This is a special time just for parents and their kids to swim together without the crowds. Come & enjoy some quality time with your kids in the water! We will offer the use of our fun pool toys and great family-friendly music. **(Family music & toys will be brought out from 7:30-8pm for those children whose parents are unable to come for Family Night. When the whistle blows at 8pm, all unaccompanied children will need to depart. The remaining parents/guardians should then be in the water participating with their children until the event ends at 8:30pm. Please honor the intent of the event – swimming together with your kids and creating wonderful memories!)**

Teen Night

- **Teen Night: Monday nights all summer from 8:15-9:15pm starting June 13th**
- **Cost: FREE with a season pass, or a \$1 drop-in fee per person**

This program has been a great hit with teens, as they get to swim with their friends, listen to great music, and play with the pool's fun toys! The teen nights will begin with **Middle School Teen Night (students entering grades 6, 7, & 8) on June 13th**, and will continue with the **High School Teen Night (students entering grades 9-12) on June 20th**. The teen nights will alternate from MS/HS throughout the summer. **All pool rules still apply!**

- **No Teen Night on Monday, July 4th. The pool is open 1-5pm only on the 4th.**

Adult Lap Swim

- **Adult Lap Swim:**
 - ***Every Tuesday & Thursday evening from 8:15-9:15pm from June 14th through August 18th, AND**
 - ***Tuesday & Thursday mornings on SWIMMING LESSON MORNINGS ONLY - (June 14, 16, 21, & 23; July 12, 14, 19, 21, 26, 28, Aug. 2 & 4 from 7:30-8:30am)**
- **Cost: FREE with a season pass, or \$1 drop-in fee**

This is a great opportunity for adults to exercise & swim laps without the crowds!

Water Aerobics

- **Water Aerobics: every Tuesday & Thursday evening 8:15-9:15pm from June 14th through Aug. 18th**
- **Cost: FREE with a season pass, \$45 10 punch card option, or a \$5 drop-in fee)**

This is a wonderful low-impact water workout! Water exercise is great for the body and mind ~ the water keeps you cool, its buoyancy causes less stress on your joints than regular aerobics, and its resistance enables you to get a great muscular and cardiovascular workout. It's a super workout for both women and men. Swimming skills are not required. Come join the fun!

Synchronized Swim Team

- **Synchronized Swim Team practices will be held every weekday for one week, beginning Wednesday, July 13th from 12:15-1:00pm with a performance on Wednesday, July 20th at 8:20pm.**
- **Cost: FREE!**

For kids **at least 8 years old and older (need to have passed swimming test for the deep end of the pool)** are invited to join in creating a synchronized swim and diving show to music. Practices will culminate with a performance night for parents, friends, and spectators.

Mock Emergency

- **Date TBD from 7:30-8:30pm (The pool will close at 7:30pm for the mock drill.)**

We will be holding a staged emergency to allow our pool staff and local emergency services personnel to practice pool rescues. Come see your local professional rescuers in action!

Rent the Pool!

- **Rental Fee: \$75 per hour for up to 25 rental participants (with a \$2 per additional swimmer fee)**
- **Days and times offered include: most Saturdays between 10am – 12:30pm, weekdays when swimming lessons are not in session between 10am – 12:30pm, Wednesdays from 8:15-9:15pm, and Fridays and Saturdays from 8:15-9:15pm.**

Renting the pool is great for birthday parties and group outings! A picnic area outside of the pool is available for serving food. All pool rules still apply!

For more pool information, check out:

- **School District of Spring Valley website homepage at www.springvalley.k12.wi.us , click on “Parents & Community,” then “Community,” and then “Syverson Pool Info.”**
- **Updated posts can also be accessed on Facebook:**
 - ***Syverson Pool–Spring Valley, WI FB Page**
 - ***School District of Spring Valley FB Page**
 - ***Spring Valley Community FB Page**

Syverson Pool Rules ~ Safety First!

WISCONSIN STATE REGULATIONS:

- Do not enter the pool if you have a contagious condition or an open wound.
- No food, drinks, or gum are allowed in the pool house or on the pool deck. (Only clear water in unbreakable containers is allowed.)
- Glass and shatterable items are prohibited in the pool area.
- **Everyone must shower before entering the pool and after using toilet facilities.** Shower use must not be abused – shower only before entering the pool, after using the toilet, and before leaving the pool. Please be mindful of not wasting our most precious natural resource – water! Continued excessive use by patrons after warnings will result in disciplinary action.
- No tobacco or alcohol products are allowed on school property - pool grounds or parking lot.
- Animals are not allowed in the pool house or swimming pool area.
- Diaper changing on the pool deck is prohibited – diaper changing facilities are located in both locker rooms. **Any child not toilet trained must wear a “Little Swimmer” & plastic pants.**

SYVERSON POOL REGULATIONS:

- **Any child under the age of 8 years must be accompanied on the property by an adult or a responsible babysitter (at least 12 years of age) who will maintain supervision of the child in the pool.**
- **Any child under the age of 4 years must be accompanied in the water by an adult.**
- **Anyone under 18yrs. must complete a swimming test to swim in the deeper sections of the pool.** (See “Swim Test Procedure for details.)
- **For safety reasons, adults may only take children who have not passed the required swimming tests into the 1st & 2nd sections of the pool. Do not enter the 3rd section.**
- Do not run or engage in rough play in the pool house or pool area. Walk please!
- Foul language and/or behavior will not be tolerated – both will be subject to discipline.
- Please do not hang on or sit on the safety ropes – they are to be used only in an emergency.
- Please do not distract the lifeguards, speak to them only when necessary. Questions that require extended explanation should be directed to the office staff.
- Flotation devices (PFDs, “floatie” arm bands, blow-up tubes, etc.) are not allowed in the pool. PFDs are used by the pool staff during swimming lessons as educational tools.
- The pool provides diving toys and sponge balls for patron use. Patron pool toys need to be approved by a supervising lifeguard.
- **NO DIVING in the 1st & 2nd sections, or in the 3rd section before the ladder. In order to reduce the risk of head, neck, & back injuries diving is only allowed beyond 7ft. deep.**
- **Only FRONT jumps & dives are allowed from the side of the pool – back dives, flips, cannonballs, etc. may be done off the diving board.**
- Safety equipment must not be moved or used by unauthorized persons.
- **A patron who is observed breaking a rule will be re-directed and given a warning but will be subject to disciplinary action if a lifeguard’s re-direction is not followed.**

Diving Board Rules

- **One person** on the diving board at a time – others must wait on deck.
- **One bounce** on the board only – safety first!
- Dives, back dives, flips, back flips etc. are allowed off the board. (Only FRONT jumps and dives are allowed from the pool deck.)
- **Do not hang** from the diving board.
- Make sure the area in front of and under the diving board is **clear before jumping.**
- **Jump straight off the board**, then swim directly to the ladder and exit the pool.
- **No free swimming is allowed at any time under diving board or in diving board area.**

Disciplinary Procedure

A patron seen breaking a rule will be asked once to refrain. If the rule is broken again, the patron will be asked to sit out of the pool for a designated period of time - depending on the age and behavior of the patron. If poor behavior persists or if more serious behavior occurs initially, this procedure will be followed:

- 1st offense – patron out from the pool for 24 hours and parent/guardian notified
- 2nd offense - patron out for one week and parent/guardian notified
- 3rd offense – patron out for the remainder of the season and parent/guardian notified

Swim Test Procedure

If you would like to swim in the pool beyond the 1st section and are **under the age of 18 years**, you must complete a swimming test that is monitored by a lifeguard. You may complete one test that will enable you to swim in the entire pool, or you may do individual tests for each section of the pool. (Parents/guardians may swim in the 2nd section of the pool with a child who has not done a swim test - but must be with the child at all times. Parents/guardians may not take a child who has not passed into the 3rd or 4th sections of the pool.) Patrons under 18 are required to complete new swim tests each summer.

1. Go to the appropriate section of the pool and ask the lifeguard if you could take a swimming test. (If the pool is extremely busy, the lifeguard may ask you to wait.)
2. Listen to the directions the lifeguard gives. When the lifeguard instructs you to, enter the water and swim near the safety line while completing the swimming test.
 - 2nd Section – Swim 1 lap on your front or side without touching the bottom of the pool. Then, demonstrate your ability to back float.
 - 3rd Section – Swim 2 laps on your front or side. Demonstrate your ability to back float. Demonstrate your ability to tread water for 30 seconds.
 - 4th Section – Swim 4 laps on your front or side. Demonstrate your ability to back float. Demonstrate your ability to tread water for 1 minute.

Note:

- One lap consists of swimming across the pool and back.
 - During the swim test you may pause between laps for 5-10 seconds at the side of the pool.
 - In order for the swim test to be valid, you may not touch the bottom of the pool or grab the safety lines while you are swimming – unless your path is impeded by another swimmer. A lifeguard must administer and witness the swim test.
 - You may complete the swim test using any stroke on your front or side.
3. Once you have successfully completed and passed a swim test, your name will be recorded by our staff. You will be able to swim for the rest of the summer in the sections of the pool for which you have passed a swimming test. Have fun & be safe!

Please feel free to call with any questions, concerns, compliments, or ideas.

Here's to a great summer at the pool!

Syverson Pool : (715) 778-5605 (after June 1st)

Pool Manager at home: Kelly Johnson (715) 778-4335

or email at johnsonk@springvalley.k12.wi.us.