



School Information: Lunch Prices: Paid: \$3.25 Free for those who qualify for free or reduced prices.
Daily Entrée choices: Yogurt Plate, Chef Salad, Ham & cheese roll ups



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



MONDAY

TACO BAR **3**
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or BURRITO
BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

TUESDAY

TACO BAR **4**
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or BURRITO
BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

WEDNESDAY

SHEPHERDS PIE **5**
HOMEMADE CORNBREAD
GARDEN BAR CHOICES
FRESH CANTALOUPE
MILK CHOICES

THURSDAY

WHOLE GRAIN PIZZA **6**
GARDEN BAR CHOICES
TOASTED GARBANZO BEANS
FRUIT SALAD
MILK CHOICES

FRIDAY

Teacher Workshop Day
No School

Indigenous Peoples' Day
No School

SPAGHETTI & MEATBALLS **11**
GARLIC BREADSTICK
GARDEN BAR CHOICES
CHILLED PEACHES
MILK CHOICES

CHEESEBURGER, VEGGIE **12** or
HAMBURGER on a BUN
OVEN FRIES
GARDEN BAR CHOICES
FRESH GRAPES
MILK CHOICES

CHICKEN PHILLY MASHED **13**
POTATO BOWL
GARDEN BAR CHOICES
SWEET ORANGE SMILES
MILK CHOICES

WG PIZZA VARIETY **14**
BAKED BEANS
GARDEN BAR CHOICES
MIXED FRUIT
MILK CHOICES

TACO BAR **17**
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or BURRITO
BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

TACO BAR **18**
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or BURRITO
BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

AMERICAN CHOPSUEY **19**
GARLIC BREADSTICK
GARDEN BAR CHOICES
SWEET ORANGE SMILES
MILK CHOICES

HOMEMADE CHILI in a **20**
CORNBREAD BOWL
TOP w/CHEESE and/or SOUR CREAM
GARDEN BAR CHOICES
APPLESAUCE CUP
MILK CHOICES

WG PIZZA STICKS **21**
MARANARA DIPPING SAUCE
GARDEN BAR CHOICES
MANDARIN ORANGES
MILK CHOICES

TACO BAR **24**
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or BURRITO
BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

TACO BAR **25**
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or BURRITO
BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

CHICKEN PARM on PASTA **26**
CALIFORNIA VEGGIE MIX
GARDEN BAR CHOICES
CHILLED PEARS
MILK CHOICES

STEAK & CHEESE SUB **27**
MASHED POTATO SMILES
GARDEN BAR CHOICES
FRESH LOCAL APPLE
MILK CHOICES

National Chocolate Day **28**
WG PIZZA VARIETY
GARDEN BAR CHOICES
FRUIT CHOICE
CHOCOLATE COOKIE
MILK CHOICES

TACO BAR **31**
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or BURRITO
BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

Attention Parents!
Meals are no longer free, please be sure that your child had funds on their accounts to purchase meals and snacks. Thank you for supporting our program!



Don't forget to create an account on <https://family.TitanK12.com> To view your child's purchases, balance and add payments. You may also send a check to school payable to ORCN. Thank you!