



School Information: Lunch Prices: Paid: \$3.50 Free for those who qualify for free or reduced prices.
Daily Entrée choices: Yogurt Plate, Chef Salad, Ham & cheese roll ups



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



MONDAY

TACO BAR
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or
BURRITO BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

3

TUESDAY

TACO BAR
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or
BURRITO BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

4

WEDNESDAY

SHEPHERDS PIE
HOMEMADE CORNBREAD
GARDEN BAR CHOICES
FRESH CANTALOUPE
MILK CHOICES

5

THURSDAY

WHOLE GRAIN PIZZA
GARDEN BAR CHOICES
TOASTED GARBANZO BEANS
FRUIT SALAD
MILK CHOICES

6

FRIDAY

Teacher Workshop Day
No School

7

Indigenous Peoples' Day
No School

10

SPAGHETTI & MEATBALLS
GARLIC BREADSTICK
GARDEN BAR CHOICES
CHILLED PEACHES
MILK CHOICES

11

CHEESEBURGER, VEGGIE
HAMBURGER on a BUN
OVEN FRIES
GARDEN BAR CHOICES
FRESH GRAPES
MILK CHOICES

12

CHICKEN PHILLY MASHED
POTATO BOWL
GARDEN BAR CHOICES
SWEET ORANGE SMILES
MILK CHOICES

13

RAMEN NOODLE BAR
CHICKEN, BEEF, EDIMAME
ASSORTED VEGGIES, BROTH
GARDEN BAR CHOICES
MIXED FRUIT
MILK CHOICES

14

TACO BAR
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or
BURRITO BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

17

TACO BAR
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or
BURRITO BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

18

AMERICAN CHOPSUEY
GARLIC BREADSTICK
GARDEN BAR CHOICES
SWEET ORANGE SMILES
MILK CHOICES

19

HOMEMADE CHILI in a
CORNBREAD BOWL
TOP w/CHEESE and/or SOUR CREAM
GARDEN BAR CHOICES
APPLESAUCE CUP
MILK CHOICES

20

BONELESS CHICKEN WING
BAR, OVEN FRIES
GARDEN BAR CHOICES
MANDARIN ORANGES
MILK CHOICES

21

TACO BAR
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or
BURRITO BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

24

TACO BAR
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or
BURRITO BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

25

CHICKEN PARM on PASTA
CALIFORNIA VEGGIE MIX
GARDEN BAR CHOICES
CHILLED PEARS
MILK CHOICES

26

STEAK & CHEESE SUB
MASHED POTATO SMILES
GARDEN BAR CHOICES
FRESH LOCAL APPLE
MILK CHOICES

27

National Chocolate Day
BAKED POTATO BAR
w/ASSORTED TOPINGS
GARDEN BAR CHOICES
FRUIT CHOICE
CHOCOLATE COOKIE
MILK CHOICES

28

TACO BAR
BUILD YOUR OWN TACO,
BURRITO, TACO SALAD or
BURRITO BOWL
GARDEN BAR CHOICES, FRUIT
MILK CHOICES

31

Attention Parents!
Meals are no longer free, please be sure that your child had funds on their accounts to purchase meals and snacks. Thank you for supporting our program!



Don't forget to create an account on <https://family.TitanK12.com> To view your child's purchases, balance and add payments. You may also send a check to school payable to ORCN. Thank you!