

# School Based Youth Services Program

(Ms. O, Ms. Santoro, Ms. David Blenman, Ms. Valentin & Mr. Fisher)

**Presents:**



## Self Care and Wellness Event

**Date:** February 14, 2020

**Time:** 2:00 (8th Period) to After School

**Location:** Room 400 (Old Building) - YDC



**ACTIVITIES:** Cupcake Decorating, DIY Body Scrubs, Art, Meditation/Relaxing and more!

**SIGN-UP** with any School Based Staff to secure your spot. ***Only 40 spots available!***

*Snacks and Drinks Provided*