



Dresden K8 September 2022 Menu

“This institution is an equal opportunity provider.”
Menu is subject to change without prior notice.

DMS 3rd Choice Salad Bar available Tuesday–Friday

Monday	Tuesday	Wednesday	Thursday	Friday
5. No School	6. Breakfast Pizza/ Berry Bread/ Pop Tarts	7. Sausage Biscuit/ Crunch Mania/ Cereal	8. Chicken Biscuit / Pillsbury Waffles/ Pop Tarts	9. Bacon Egg & Cheese Biscuit Peanut Butter & Jelly / Cereal
	<p>Crispitos Or Hot Dog</p> <p>Corn Cheese Fries Sauerkraut Broccoli and Cheese Pineapple Fresh Apples</p> <p>Grab & Go Grilled Chicken Salad</p>	<p>Traveling Taco Cheese Cups, Shredded Lettuce Salsa & Sour Cream Or Pizza</p> <p>Seasoned Fries Corn and Black Bean Fiesta Fresh Side Salad Applesauce Fresh Oranges</p> <p>Grab & Go Popcorn Chicken Salad</p>	<p>Popcorn Chicken w/Hot Roll Or Fish Sandwich</p> <p>Maple Glazed Sweet Potatoes White Beans Mac & Cheese Slaw Peaches Fresh Banana</p> <p>Grab & Go Peanut Butter & Jelly</p>	<p>Philly Beef Steak Sandwich Or Hot Ham and Cheese Sliders</p> <p>Potato Wedges Corn Carrots w/ Ranch Celery and Cherry Tomatoes w/ Ranch Fruit Cocktail Fresh Grapes</p> <p>Grab & Go Yogurt & Snack Cracker Fruit</p> <p>Don't forget Grandparents' Day – Sunday!</p>
	12. Chicken Slider/ Pillsbury Cini Minis/Cereal	13. Breakfast Pizza/ UBR/ Pop Tarts	14. Sausage Biscuit/ Banana Bread Cereal	15. Breakfast Pizza/ Apple Frudel/ Pop Tarts
<p>Grilled Cheese w/ Ravioli Or Meatball Sub</p> <p>Corn on the Cob Fries Seasoned Steamed Veggie Blend Sorbet Cup Fresh Pears</p> <p>Grab & Go Cereal & String Cheese</p>	<p>Pollo Loco Chicken Or Cheese Quesadilla</p> <p>Mexican Rice w/ Cheese Tostitos w/ Salsa Fiesta Refried Beans Baby Carrots w/ Ranch Tater Tots Peaches Fresh Apples</p> <p>Grab & Go Chef Salad</p>	<p>Chicken Rotel Or Country Fried Steak w/ Gravy</p> <p>Cornbread Black-eyed Peas Steamed Broccoli & Cheese Baked Sweet Potato w/ Butter and Brown Sugar Mandarin Oranges Fresh Bananas</p> <p>Grab & Go Ham Sandwich</p>	<p>Chicken Patties Sausage Patties Biscuits w/ Gravy & Jelly Tator Tots VBlend Juice Carrots w/ Ranch Apple Crisp Fresh Oranges</p> <p>Grab & Go Yogurt & Snack Cracker</p>	<p>Homemade Salisbury Steak w/ Gravy and Hot Roll Or School "Rectangle Pizza Stir Fry Vegetables Glazed Carrots Green Beans Tropical Fruit Fresh Grapes</p> <p>Grab & Go Bologna</p>

<p>19. Chicken Slider/ Warm Bagel w/ Cream Cheese/ Cereal</p> <p>Chicken Sandwich Or Hot & Spicy Chicken Sandwich Or Mushroom Swiss Burger</p> <p>Lettuce, Tomato, Pickle Sidewinder Fries Baked Beans Onion Rings Applesauce Fresh Pear</p> <p>Grab & Go Peanut Butter & Jelly</p>	<p>20. Sausage Links & Muffin/Apple Cinnamon Toast / Pop Tarts</p> <p>Beef Nachos Salsa/Sour Cream/Jalapenos/Nacho Cheese Or BBQ Bologna</p> <p>Fries Corn Refried Beans Potato Salad Slaw Mandarin Oranges Fresh Apple</p> <p>Grab & Go Pizza Lunchable</p> <p>National Pepperoni Pizza Day</p>	<p>21. Fresh Fruit & Yogurt Parfait/ Crunch Mania /Cereal</p> <p>Chicken Nuggets w/ Hot Roll Or Chuck Wagon w/ Hot Roll</p> <p>Mashed Potatoes w/ Gravy Green Beans Steamed Broccoli Mac & Cheese Diced Pears Fresh Banana</p> <p>Grab & Go Deli Sub</p> <p>World Gratitude Day</p>	<p>22. Chicken Biscuit / Apple Frudel/ Pop Tarts</p> <p>Lasagna w/ Breadstick Or Cheese Sticks w/ Marinara</p> <p>Cooked Carrots Fresh Side Salad w/ Cherry Tomato Seasoned Roasted Veggies Peaches Fresh Orange Dick & Jane States and Capital Cookies</p> <p>Grab & Go Ham & Cheese Lunchable</p> <p>National States and Capitals Day</p>	<p>23. Egg & Cheese Biscuit / Donut/ Cereal</p> <p>Chicken Parmesan w/Hot Roll Or Beef Dippers w/ Hot Roll</p> <p>Green Peas Cheesy Potatoes Cooked Cabbage Okra Lima Beans Tropical Fruit</p> <p>Grab & Go Bologna Sandwich</p>
<p>26. Sausage & Pancake Sandwich Peanut Butter & Jelly /Cereal</p> <p>Nacho Average Cheeseburger Or Chicken Bacon Ranch Sub</p> <p>Lettuce, Tomato, Pickle Crinkle Cut Fries Baked Beans Carrots w/Ranch Sidekick Slushie Fresh Apple</p> <p>Grab & Go Pizza Lunchable</p>	<p>27. Breakfast Burrito Banana Bread /Pop Tarts</p> <p>Early Dismissal – No Lunch Served</p> <p></p> <p>12:00-6:00</p>	<p>28. Sausage Biscuit/Crunch Mania/ Cereal</p> <p>Soft Shell Taco (Beef) Cheese Cups, Shredded Lettuce Salsa & Sour Cream Or Corndog Seasoned Fries Corn and Black Bean Fiesta Fresh Side Salad Applesauce Fresh Banana</p> <p>Grab & Go Popcorn Chicken Salad</p>	<p>29. Chicken Biscuit / Pillsbury Waffles/ Pop Tarts</p> <p>Chicken Tenders & Gravy Basket w/ Hot Roll Or Fish Shapes with Hushpuppies</p> <p>Maple Glazed Sweet Potatoes White Beans Onion Rings Slaw Peaches Fresh Orange</p> <p>Grab & Go Peanut Butter & Jelly</p> <p>National Coffee Day </p>	<p>30. Bacon Egg & Cheese Biscuit /Mini Powdered Donuts/ Cereal</p> <p>Philly Beef Steak Sandwich Or Hot Ham and Cheese Sandwich Potato Wedges Corn Carrots w/ Ranch Celery and Cherry Tomatoes w/ Ranch Fruit Cocktail Fresh Grapes</p> <p>Grab & Go Fresh Fruit & Yogurt Parfait</p>

This Month's Challenge: Write down 5 things you LOVE about yourself.

“
NO ONE
CAN MAKE YOU
FEEL INFERIOR
WITHOUT YOUR
CONSENT.

Eleanor Roosevelt