

Menu Calendar Nutrient Analysis Report - February, 2023

Site: ALL
Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Feb. Wednesdays - ServingDate: 02/01/2023								
Cereal - LR1294 (1 ea.)	0	412.00	10.00	1.00	0.00	570.00	44.00	5.00
Peach, Cup, Frozen, 96ct - LR1033 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	21.00	1.00
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	1.01	23.07	1.10
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Oatmeal with Cinnamon and Sugar, 75serv - LR1575 (1/2 c.)	0	101.92 (M)	2.01(M)	0.34(M)	0.00(M)	0.08(M)	18.61 (M)	3.36(M)
Feb. Thursdays - ServingDate: 02/02/2023								
Orange Juice - LR1121 (1 ea.)	0	56.00	0.07	0.01	0.00	1.00	13.41	0.85
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	20.00	0.00
Cheese, Sliced, Yellow, 120ct - LR1439 (1 ea.)	0	56.00	4.56	2.53	0.00	141.75	1.01	2.53
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Egg, Patty, 120ct - LR1569 (1 ea.)	0	70.00	5.00	1.50	0.00	130.00	1.00	4.00
Biscuits, 3" Buttermilk, 100ct - LR1576 (1 biscuit)	0	190.00	7.00	3.50	0.00	560.00	28.00	4.00
Feb. Fridays - ServingDate: 02/03/2023								
Apple Cinnamon Benefit Bar - LR1315 (1 ea.)	0	290.00	9.00	3.00	0.00	240.00	48.00	5.00
Apple Sauce - LR1119 (1 ea.)	0	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Raisin Packet - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	29.00	1.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00

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Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Feb. Fridays - ServingDate: 02/03/2023								
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Feb. Mondays - ServingDate: 02/06/2023								
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	16.00	0.00
Strawberry, Cup, Frozen, USDA, 96ct - LR1004 (1 ea.)	0	80.00	0.00	0.00	0.00	1.00	21.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Waffle, Wild Blueberry, 2.4oz IW, 96ct - LR1725 (1 waffle)	0	250.00	9.00	4.00	0.00	290.00	37.00	6.00
Feb. Tuesdays - ServingDate: 02/07/2023								
Mixed Fruit - LR1114 (1/2 c.)	0	120.00	0.50	0.00	0.00	5.00	30.00	1.00
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	14.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Cinnamon Twin, 2.9oz, IW - LR1726 (1 ea.)	0	230.00	7.00	2.50	0.00	330.00	37.00	5.00
Feb. Wednesdays - ServingDate: 02/08/2023								
Cereal - LR1294 (1 ea.)	0	412.00	10.00	1.00	0.00	570.00	44.00	5.00
Peach, Cup, Frozen, 96ct - LR1033 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	21.00	1.00
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	1.01	23.07	1.10
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00

Menu Calendar Nutrient Analysis Report - February, 2023

Site: ALL
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Feb. Wednesdays - ServingDate: 02/08/2023								
Oatmeal with Cinnamon and Sugar, 75serv - LR1575 (1/2 c.)	0	101.92 (M)	2.01(M)	0.34(M)	0.00(M)	0.08(M)	18.61 (M)	3.36(M)
Feb. Thursdays - ServingDate: 02/09/2023								
Orange Juice - LR1121 (1 ea.)	0	56.00	0.07	0.01	0.00	1.00	13.41	0.85
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	20.00	0.00
Cheese, Sliced, Yellow, 120ct - LR1439 (1 ea.)	0	56.00	4.56	2.53	0.00	141.75	1.01	2.53
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Egg, Patty, 120ct - LR1569 (1 ea.)	0	70.00	5.00	1.50	0.00	130.00	1.00	4.00
Biscuits, 3" Buttermilk, 100ct - LR1576 (1 biscuit)	0	190.00	7.00	3.50	0.00	560.00	28.00	4.00
Feb. Fridays - ServingDate: 02/10/2023								
Apple Cinnamon Benefit Bar - LR1315 (1 ea.)	0	290.00	9.00	3.00	0.00	240.00	48.00	5.00
Apple Sauce - LR1119 (1 ea.)	0	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Raisin Packet - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	29.00	1.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Feb. Tuesdays - ServingDate: 02/14/2023								
Mixed Fruit - LR1114 (1/2 c.)	0	120.00	0.50	0.00	0.00	5.00	30.00	1.00
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	14.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00

Menu Calendar Nutrient Analysis Report - February, 2023

Site: ALL
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Feb. Tuesdays - ServingDate: 02/14/2023								
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Cinnamon Twin, 2.9oz, IW - LR1726 (1 ea.)	0	230.00	7.00	2.50	0.00	330.00	37.00	5.00
Feb. Wednesdays - ServingDate: 02/15/2023								
Cereal - LR1294 (1 ea.)	0	412.00	10.00	1.00	0.00	570.00	44.00	5.00
Peach, Cup, Frozen, 96ct - LR1033 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	21.00	1.00
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	1.01	23.07	1.10
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Oatmeal with Cinnamon and Sugar, 75serv - LR1575 (1/2 c.)	0	101.92 (M)	2.01(M)	0.34(M)	0.00(M)	0.08(M)	18.61 (M)	3.36(M)
Feb. Thursdays - ServingDate: 02/16/2023								
Orange Juice - LR1121 (1 ea.)	0	56.00	0.07	0.01	0.00	1.00	13.41	0.85
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	20.00	0.00
Cheese, Sliced, Yellow, 120ct - LR1439 (1 ea.)	0	56.00	4.56	2.53	0.00	141.75	1.01	2.53
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Egg, Patty, 120ct - LR1569 (1 ea.)	0	70.00	5.00	1.50	0.00	130.00	1.00	4.00
Biscuits, 3" Buttermilk, 100ct - LR1576 (1 biscuit)	0	190.00	7.00	3.50	0.00	560.00	28.00	4.00
Feb. Fridays - ServingDate: 02/17/2023								
Apple Cinnamon Benefit Bar - LR1315 (1 ea.)	0	290.00	9.00	3.00	0.00	240.00	48.00	5.00

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Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Feb. Fridays - ServingDate: 02/17/2023								
Apple Sauce - LR1119 (1 ea.)	0	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Raisin Packet - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	29.00	1.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Feb. Tuesdays - ServingDate: 02/21/2023								
Mixed Fruit - LR1114 (1/2 c.)	0	120.00	0.50	0.00	0.00	5.00	30.00	1.00
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	14.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Cinnamon Twin, 2.9oz, IW - LR1726 (1 ea.)	0	230.00	7.00	2.50	0.00	330.00	37.00	5.00
Feb. Wednesdays - ServingDate: 02/22/2023								
Cereal - LR1294 (1 ea.)	0	412.00	10.00	1.00	0.00	570.00	44.00	5.00
Peach, Cup, Frozen, 96ct - LR1033 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	21.00	1.00
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	1.01	23.07	1.10
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Oatmeal with Cinnamon and Sugar, 75serv - LR1575 (1/2 c.)	0	101.92 (M)	2.01(M)	0.34(M)	0.00(M)	0.08(M)	18.61 (M)	3.36(M)
Feb. Thursdays - ServingDate: 02/23/2023								
Orange Juice - LR1121 (1 ea.)	0	56.00	0.07	0.01	0.00	1.00	13.41	0.85

Menu Calendar Nutrient Analysis Report - February, 2023

Site: ALL
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Feb. Thursdays - ServingDate: 02/23/2023								
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	20.00	0.00
Cheese, Sliced, Yellow, 120ct - LR1439 (1 ea.)	0	56.00	4.56	2.53	0.00	141.75	1.01	2.53
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Egg, Patty, 120ct - LR1569 (1 ea.)	0	70.00	5.00	1.50	0.00	130.00	1.00	4.00
Biscuits, 3" Buttermilk, 100ct - LR1576 (1 biscuit)	0	190.00	7.00	3.50	0.00	560.00	28.00	4.00
Feb. Fridays - ServingDate: 02/24/2023								
Apple Cinnamon Benefit Bar - LR1315 (1 ea.)	0	290.00	9.00	3.00	0.00	240.00	48.00	5.00
Apple Sauce - LR1119 (1 ea.)	0	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Raisin Packet - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	29.00	1.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Feb. Mondays - ServingDate: 02/27/2023								
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	16.00	0.00
Strawberry, Cup, Frozen, USDA, 96ct - LR1004 (1 ea.)	0	80.00	0.00	0.00	0.00	1.00	21.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Waffle, Wild Blueberry, 2.4oz IW, 96ct - LR1725 (1 waffle)	0	250.00	9.00	4.00	0.00	290.00	37.00	6.00

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Site: ALL
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Feb. Tuesdays - ServingDate: 02/28/2023								
Mixed Fruit - LR1114 (1/2 c.)	0	120.00	0.50	0.00	0.00	5.00	30.00	1.00
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	14.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Cinnamon Twin, 2.9oz, IW - LR1726 (1 ea.)	0	230.00	7.00	2.50	0.00	330.00	37.00	5.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: Elementary
 Menu Line: Main
 Serving Group: K-5
 Nutrients Option: Expanded