

Menu Calendar Nutrient Analysis Report - September, 2022

Site: ALL

Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Sept. Thursdays BK - ServingDate: 09/01/2022								
Pancake Cinnamon Glaze - LR1007 (1 pkg.)	0	220.00	7.00	1.50	0.00	260.00	37.00	4.00
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	1.01	23.07	1.10
Raisin Packet - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	29.00	1.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Sept. Fridays - BK - ServingDate: 09/02/2022								
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	60.21	15.05	4.01
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	16.00	0.00
Strawberry, Cup, USDA, 96ct - LR1004 (1 ea.)	0	80.00	0.00	0.00	0.00	1.00	21.00	0.00
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	0	110.00	3.50	0.50	0.00	95.00	20.00	2.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Sept. Tuesdays - BK - ServingDate: 09/06/2022								
Apple Sauce, Cnd, 6/#10 - LR1003 (1/2 c.)	0	50.00	0.00	0.00	0.00	15.00	15.00	0.00
Orange Juice - LR1121 (1 ea.)	0	56.00	0.07	0.01	0.00	1.00	13.41	0.85
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Empanada, Potato, Egg & Cheese, IW, 100ct - LR1666 (1 ea.)	0	230.00	10.00	3.00	0.00	310.00	30.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Sept. Wednesdays - BK - ServingDate: 09/07/2022								
Cereal - LR1294 (1 ea.)	0	412.00	10.00	1.00	0.00	570.00	44.00	5.00
Mixed Berries Cup - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	20.00	0.00
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	14.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Sept. Thursdays BK - ServingDate: 09/08/2022								
Pancake Cinnamon Glaze - LR1007 (1 pkg.)	0	220.00	7.00	1.50	0.00	260.00	37.00	4.00
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	1.01	23.07	1.10
Raisin Packet - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	29.00	1.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Sept. Fridays - BK - ServingDate: 09/09/2022								
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	60.21	15.05	4.01
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	16.00	0.00
Strawberry, Cup, USDA, 96ct - LR1004 (1 ea.)	0	80.00	0.00	0.00	0.00	1.00	21.00	0.00
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	0	110.00	3.50	0.50	0.00	95.00	20.00	2.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00

Menu Calendar Nutrient Analysis Report - September, 2022

Site: ALL

Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Sept. Mondays - BK - ServingDate: 09/12/2022								
Mixed Fruit - LR1114 (1/2 c.)	0	120.00	0.50	0.00	0.00	5.00	30.00	1.00
Peach Cup - LR1033 (1 ea.)	0	117.00	0.01	0.00	0.00	7.00	30.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Pizza, Breakfast Bagel Cheese, IW, 96ct - LR1594 (1 serv.)	0	192.00	5.10	3.10	0.00	363.00	23.16	11.65
Sept. Tuesdays - BK - ServingDate: 09/13/2022								
Apple Sauce, Cnd, 6/#10 - LR1003 (1/2 c.)	0	50.00	0.00	0.00	0.00	15.00	15.00	0.00
Orange Juice - LR1121 (1 ea.)	0	56.00	0.07	0.01	0.00	1.00	13.41	0.85
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Empanada, Potato, Egg & Cheese, IW, 100ct - LR1666 (1 ea.)	0	230.00	10.00	3.00	0.00	310.00	30.00	9.00
Sept. Wednesdays - BK - ServingDate: 09/14/2022								
Cereal - LR1294 (1 ea.)	0	412.00	10.00	1.00	0.00	570.00	44.00	5.00
Mixed Berries Cup - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	20.00	0.00
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	14.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00

Menu Calendar Nutrient Analysis Report - September, 2022

Site: ALL

Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Sept. Thursdays BK - ServingDate: 09/15/2022								
Pancake Cinnamon Glaze - LR1007 (1 pkg.)	0	220.00	7.00	1.50	0.00	260.00	37.00	4.00
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	1.01	23.07	1.10
Raisin Packet - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	29.00	1.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Sept. Fridays - BK - ServingDate: 09/16/2022								
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	60.21	15.05	4.01
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	16.00	0.00
Strawberry, Cup, USDA, 96ct - LR1004 (1 ea.)	0	80.00	0.00	0.00	0.00	1.00	21.00	0.00
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	0	110.00	3.50	0.50	0.00	95.00	20.00	2.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Sept. Mondays - BK - ServingDate: 09/19/2022								
Mixed Fruit - LR1114 (1/2 c.)	0	120.00	0.50	0.00	0.00	5.00	30.00	1.00
Peach Cup - LR1033 (1 ea.)	0	117.00	0.01	0.00	0.00	7.00	30.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Pizza, Breakfast Bagel Cheese, IW, 96ct - LR1594 (1 serv.)	0	192.00	5.10	3.10	0.00	363.00	23.16	11.65

Menu Calendar Nutrient Analysis Report - September, 2022

Site: ALL

Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Sept. Tuesdays - BK - ServingDate: 09/20/2022								
Apple Sauce, Cnd, 6/#10 - LR1003 (1/2 c.)	0	50.00	0.00	0.00	0.00	15.00	15.00	0.00
Orange Juice - LR1121 (1 ea.)	0	56.00	0.07	0.01	0.00	1.00	13.41	0.85
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Empanada, Potato, Egg & Cheese, IW, 100ct - LR1666 (1 ea.)	0	230.00	10.00	3.00	0.00	310.00	30.00	9.00
Sept. Wednesdays - BK - ServingDate: 09/21/2022								
Cereal - LR1294 (1 ea.)	0	412.00	10.00	1.00	0.00	570.00	44.00	5.00
Mixed Berries Cup - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	20.00	0.00
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	14.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Sept. Thursdays BK - ServingDate: 09/22/2022								
Pancake Cinnamon Glaze - LR1007 (1 pkg.)	0	220.00	7.00	1.50	0.00	260.00	37.00	4.00
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	1.01	23.07	1.10
Raisin Packet - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	29.00	1.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Sept. Fridays - BK - ServingDate: 09/23/2022								
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	60.21	15.05	4.01

Menu Calendar Nutrient Analysis Report - September, 2022

Site: ALL

Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Sept. Fridays - BK - ServingDate: 09/23/2022								
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	16.00	0.00
Strawberry, Cup, USDA, 96ct - LR1004 (1 ea.)	0	80.00	0.00	0.00	0.00	1.00	21.00	0.00
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	0	110.00	3.50	0.50	0.00	95.00	20.00	2.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Sept. Mondays - BK - ServingDate: 09/26/2022								
Mixed Fruit - LR1114 (1/2 c.)	0	120.00	0.50	0.00	0.00	5.00	30.00	1.00
Peach Cup - LR1033 (1 ea.)	0	117.00	0.01	0.00	0.00	7.00	30.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Pizza, Breakfast Bagel Cheese, IW, 96ct - LR1594 (1 serv.)	0	192.00	5.10	3.10	0.00	363.00	23.16	11.65
Sept. Tuesdays - BK - ServingDate: 09/27/2022								
Apple Sauce, Cnd, 6/#10 - LR1003 (1/2 c.)	0	50.00	0.00	0.00	0.00	15.00	15.00	0.00
Orange Juice - LR1121 (1 ea.)	0	56.00	0.07	0.01	0.00	1.00	13.41	0.85
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Empanada, Potato, Egg & Cheese, IW, 100ct - LR1666 (1 ea.)	0	230.00	10.00	3.00	0.00	310.00	30.00	9.00

Menu Calendar Nutrient Analysis Report - September, 2022

Site: ALL

Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Sept. Wednesdays - BK - ServingDate: 09/28/2022								
Cereal - LR1294 (1 ea.)	0	412.00	10.00	1.00	0.00	570.00	44.00	5.00
Mixed Berries Cup - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	20.00	0.00
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	14.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Sept. Thursdays BK - ServingDate: 09/29/2022								
Pancake Cinnamon Glaze - LR1007 (1 pkg.)	0	220.00	7.00	1.50	0.00	260.00	37.00	4.00
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	1.01	23.07	1.10
Raisin Packet - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	29.00	1.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00
Sept. Fridays - BK - ServingDate: 09/30/2022								
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	60.21	15.05	4.01
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	10.00	16.00	0.00
Strawberry, Cup, USDA, 96ct - LR1004 (1 ea.)	0	80.00	0.00	0.00	0.00	1.00	21.00	0.00
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	0	110.00	3.50	0.50	0.00	95.00	20.00	2.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	140.00	16.00	10.00
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	120.00	12.00	9.00

Legend

(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - September, 2022

Site: ALL
Date: 09/01/2022 - 09/30/2022

Report Selections

Meal Type: Breakfast
Site Group: Elementary
Menu Line: Main
Serving Group: K-5
Nutrients Option: Expanded