

Menu subject to change according to what is fresh, local and in season.

* Sun Butter *Vegetarian * Beef

MVWSD - Middle School November 2022				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Cheese Burger w/ Cheesy Potato Wedge</p> <p>Chicken Nuggets W/ Cheesy Potato Wedge</p> <p>Veggie Bites 4 ea by Morining Star w/ Cheesy Potato Wedge (v)</p> <p>Chicken Caesar Salad W/ Roll Caesar Dressing</p> <p>Turkey & Cheese Sandwich on Brioche Roll</p> <p>Offered Daily Fruit & Veggie Bar</p> <p>Milk 1% Lowfat or Non Fat Chocolate Milk</p>	<p>PIZZA DAY Fresh Baked New York Pizza</p> <p>*Pepperoni Cheese (v)</p> <p>Cheese Ravioli's w/ Marinara Sauce (V)</p> <p>Garden Veggie Salad w/ Mozzarella Cheese W/Roll Ranch Dressing</p> <p>Hogie Sandwich on Brioche Roll</p> <p>Offered Daily Fruit & Veggie Bar</p> <p>Milk 1% lowfat or Non fat Chocolate Milk</p>	<p>*Beef & Bean Chili w/ Cheese & Tortilla Chips</p> <p>Turkey Taco Nada</p> <p>Veggie Bean Chili w/ Cheese & Tortilla Chips (V)</p> <p>Chicken Taco Salad w/ Tortilla Chips Salsa Ranch Dressing</p> <p>Turkey & Cheese Sandwich on Ciabata Roll</p> <p>Offered Daily Fruit & Veggie Bar</p> <p>Milk 1% lowfat or Non fat Chocolate Milk</p>	<p>BBQ Chicken Sandwich W/ Pepper Jack Cheese & Sun Chips</p> <p>BBQ Pulled *Pork Sandwich w/ Sun chips</p> <p>Stuffed Cheese Sticks w/ Marinara Sauce Cup (v)</p> <p>Crispy Chicken Ranch Salad w/ Roll Ranch Dressing</p> <p>Turkey Club Sandwich on Brioche Roll</p> <p>Offered Daily Fruit & Veggie Bar</p> <p>Milk 1% lowfat or Non fat Chocolate Milk</p>	<p>Chicken Potstickers W/ Steamed Rice & Broccoli</p> <p>Chicken Terkiyaki w/ Steamed Rice W/ Broccoli</p> <p>Veggie Egg Rolls w/ Steamed Rice & Broccoli (V)</p> <p>Mandarin Orange Chicken Salad w/ Crunchy Noodles Asian Dressing</p> <p>*Sun Butter & Jelly Sandwich on Brioche Roll</p> <p>Offered Daily Fruit & Veggie Bar</p> <p>Milk 1% lowfat or Non fat Chocolate Milk</p>

All entrees are Freshly Prepared and meet HHFKA/USDA Standards. Entrees are served with our fresh, local, Fruit and vegetable bar.

Crittenden and Graham Fresh Fruit and Salad Bar

Breakfast Daily

Cereal Cups Daily or

Cereal Bar

Belgian Waffle

Chocolate Chip Muffin

Chocolate Croissant

Cheese Pizza Bagel



You may qualify for free or reduced price meals. Applications are available at all schools, on line and the district office. For questions regarding the food service program you can call the food service office at (650) 903-6965.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.