

How to Speak Up & Speak Out

FOR STUDENTS

Take care of yourself.
Take care of one another.
Take care of this place.



Interrupt

Develop ready responses that will work in a variety of moments.

"THAT'S NOT FUNNY"

"I'M SURPRISED TO HEAR YOU SAY THAT"

"THAT'S NOT OKAY. CUT IT OUT."



Question

Ask simple, exploratory questions in the moment or afterwards (places burden on person who made remark).

"WHAT DID YOU MEAN BY THAT?"

"WHAT POINT ARE YOU TRYING TO MAKE?"



Report

The teachers and adults at your school can't help in a situation they don't know about. It's not 'tattling.' It's sticking up for yourself and people you care about.



Educate

Hate isn't behind all hateful speech, sometimes ignorance is. Your peers and friends are your best teachers. We have the opportunity to make a difference when we work together.

