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March 16, 2020

Dear Parents,

For the next few weeks as the schools are closed, CHAC services will be suspended on your campus. CHAC would like to offer continued support to the current CHAC clients through telehealth services. As you probably already know, privacy laws prohibit us from using email. Please call the CHAC main line at (650) 965-2020 and leave a message with your name, phone number, your school site, and the name of your CHAC Therapist. We will call you back as soon as possible with the next steps.

During these uncertain times you may have a need for resources that we have posted on our website. Also on the website will be updates on CHAC services as well as tips to help you manage stress and stay healthy. www.chacmv.org.

Hopefully, the “social distancing” is an opportunity for families to re-connect, have some downtime, and find creative ways to have fun such as old fashioned board games, puzzles and cooking.

We will get through this together and look forward to being back on the school campuses as soon as possible.

Sincerely,

Carol Mellberg, MA, LMFT, ATR
Director of School Based Services