

HPS Scope & Sequence
K-8 Grade Level Essential Skills
Created: August 2009
Last Revision: June 2010

Grade Level: 7th Grade
Subject: Physical Education

Howell Public Schools (HPS), like many of our fellow Michigan districts, has studied the work of Dr. Robert Marzano and other educational consultants. In his book *What Works in Schools: Translating Research into Action*, Marzano points to the necessity of school districts having a “guaranteed and viable curriculum.” Marzano stresses the importance of everyone in the school community understanding what skills will be taught for mastery at each grade level, and then guaranteeing that happens. Using this research, our district has undertaken the task of creating an aligned curriculum that prepares students to successfully meet the academic rigors of Michigan’s Grade Level Content Expectations (GLCEs).






During the 2008-09 school year small groups of teachers worked under the guidance of curriculum consultants and HPS administrators to study the core content curriculums of English, math, science and social studies. Through professional development efforts, these groups learned to identify subsets of fundamental, non-negotiable content expectations that require a higher degree of mastery than the other expectations within the content area. HPS has chosen to call these fundamental, non-negotiable content expectations for each grade level subject “Essential Skills”. Teacher groups then assigned a recommended number of lessons, per quarter, needed to successfully teach each GLCE, thus securing the curriculum as viable. Vocabulary, a researched component to uniform student achievement, was identified by quarter (nine-week sessions). Examples of formative assessments were provided for each expectation, with the creation of uniform summative assessments to follow the final approval of this document. Upon completion of draft essential skills for each subject, the teacher groups used supporting MDE documents to align their chosen skills horizontally for grades kindergarten through eight.

The essential skills found within this document were then piloted in the 2009-2010 school year, with our teaching staff providing on-going feedback on the document during this pilot. At the conclusion of each semester the original teacher groups re-assembled under the guidance of educational consultants and HPS administration to review the edit suggestions. These steps culminated in revisions and a secure document that will remain fluid.

It should be noted that as a subset of Michigan’s Grade Level Content Expectations, the overall number of expectations identified as essential skills is smaller than the total articulated within the State’s course expectation documents. This is the intentional result of a process that asked teacher leaders to identify fundamental content expectations that require a higher degree of mastery than others included within the discipline. Expectations that were not considered fundamental to the success of all students are not included in this document, but may be found on the MDE web site at http://www.michigan.gov/mde/0,1607,7-140-28753_33232---,00.html






HPS Scope Sequence
Grade 7
Physical Education/Quarterly

Quarter (Quarter 1 - Flag football, Ultimate Frisbee, Softball. Quarter 2 - Volleyball, 3 on 3 Basketball, Badminton. Quarter 3 - Pickle Ball, Floor Hockey, Team Handball. Quarter 4 - Speedball, Soccer, Tennis)

Standard or GLCE #	Standard or GLCE Language	What this means:	Q	Lesson or Days	Examples of Formative Assessments	Vocabulary
				0		
	Students will					
Sub-category or Strand						
Strand 1 - M	Motor Skills and Movement Patterns	Students will demonstrate competence in motor skills (e.g. throwing, catching, kicking, running, dribbling etc.	1.2.3.4	45 Days (3 3-week units)	observation, Daily discussions/written	Overhand/Underhand throw/dribble/Passing
MC	Movement Concepts	(e.g. Kicking, throwing)	1.2.3.4	3 week units		
	Space Awareness		1.2.3.4	3 week units		Surrounding
M.MC.07.01	demonstrate selected space awareness movement concepts with mature form of non-locomotor, locomotor, and selected manipulative skills (e.g., roll, underhand throw, overhead throw) in modified, dynamic settings.	self-explanatory	1.2.3.4			
MS	Motor Skills	Throwing/Catching etc.	1.2.3.4	3 week units		Practice skills
	Manipulative		1.2.3.4	3 week units		
M.MS.07.04	demonstrate selected elements of the mature form of the manipulative skills of catch, kick, foot dribble, and strike with hand and implements in controlled settings.	self-explanatory	1.2.3.4			Hand eye coordination

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				0		
	Students will					
M.MS.07.05	demonstrate selected elements of the mature form of the manipulative skills of chest pass, bounce pass, hand dribble, volley, and punt in isolated settings.	self-explanatory	1.2.3.4			Eye/foot coordination
M.MS.07.06	perform a four-element movement sequence (e.g., simple rhythmic, aerobic, or tumbling activities) in controlled settings.	N/A	N/A			