

October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cold Cereal and Toast Or Mini Maple Pancakes</p> <p>Chicken Sandwich w/Trimmings, Baked Beans, Watermelon, and Pudding</p> <p style="text-align: right;">3</p>	<p>Cold Cereal and Toast Or Pancakes</p> <p>Grilled Cheese, Tomato Soup, Carrots, Grapes, and Yogurt</p> <p style="text-align: right;">4</p>	<p>Cold Cereal and Toast Or French Toast</p> <p>Chicken Caesar Wrap, Carrots, Cucumbers, Snap Peas, Pears, and Goldfish</p> <p style="text-align: right;">5</p>	<p>Cold Cereal and Toast Or Ham/Cheese Omelet</p> <p>Popcorn Chicken, Mashed Potatoes, Corn, WW Roll, and Applesauce</p> <p style="text-align: right;">6</p>	<p>Cold Cereal and Toast Or Biscuit and Gravy</p> <p>Tuna Sandwich, Green Salad, Carrots, Tomatoes, Cheese Stick, Banana, and Cookie</p> <p style="text-align: right;">7</p>
<p>Cold Cereal and Toast Or Mini Cinni Pull-Apart</p> <p>Pulled Pork Sandwich, Baked Beans, Potato Salad, Honeydew, and Strawberries</p> <p style="text-align: right;">10</p>	<p>Cold Cereal and Toast Or Mixed Berry Parfait</p> <p>Greek Turkey Pita, Carrots, Jicama, Bell Peppers, Hummus, Grapes, Pretzels, and Yogurt</p> <p style="text-align: right;">11</p>	<p>Cold Cereal and Toast Or Waffle</p> <p>Teriyaki Chicken, Rice, Steamed Veggies, Mandarin Oranges, and Fortune Cookie</p> <p style="text-align: right;">12</p>	<p>Cold Cereal and Toast Or Sausage on a Stick</p> <p>Ham Chef Salad, WW Roll, Yogurt, and Sliced Apples</p> <p style="text-align: right;">13</p>	<p>Cold Cereal and Toast Or Raspberry Overnight Oats</p> <p>Cheese Bagel Pizza, Caesar Salad, Carrot, Cherry Tomatoes, Cucumbers, and Pineapple</p> <p style="text-align: right;">14</p>
<p>Cold Cereal and Toast Or Strawberry Mini Bagel</p> <p>Mac-N-Cheese, Steamed Broccoli, Green Salad, and Strawberries</p> <p style="text-align: right;">17</p>	<p>Cold Cereal and Toast Or Chocolate Muffin and Yogurt</p> <p>Beef Taco Salad, Refried Beans, Corn on the Cob, Fritos, and Peaches</p> <p style="text-align: right;">18</p>	<p>Cold Cereal and Toast Or French Toast Sticks</p> <p>Turkey Deli Sandwich, Carrots, Snap Peas, Cucumbers, and Apples</p> <p style="text-align: right;">19</p>	<p>Cold Cereal and Toast Or Oatmeal</p> <p>Chicken Caesar Salad, Roasted Asparagus, Cherry Tomatoes, WW Roll, and Pears</p> <p style="text-align: right;">20</p>	<p>Cold Cereal and Toast Or Peach Parfait</p> <p>Chili, Carrots, Cinnamon Roll, and Applesauce</p> <p style="text-align: right;">21</p>
<p>Cold Cereal and Toast Or Blueberry Bagel</p> <p>Chicken Nuggets, French Fries, Coleslaw, Cantaloupe, and S'Mores Bar</p> <p style="text-align: right;">24</p>	<p>Cold Cereal and Toast Or Apple Strudel</p> <p>Chicken Taco Salad, Marinated Black Beans, Corn, Fritos, and Peaches</p> <p style="text-align: right;">25</p>	<p>Cold Cereal and Toast Or Honeybun and Yogurt</p> <p>Meatball Sub, Caesar Salad, Pesto Tomatoes, and Grapes</p> <p style="text-align: right;">26</p>	<p>Cold Cereal and Toast Or Sausage/Egg Biscuit</p> <p>Orange Chicken/Rice Bowl, Steamed Veggies, Tropical Mixed Fruit, and Fortune Cookie</p> <p style="text-align: right;">27</p>	<p>Cold Cereal and Toast Or Cheese Frittata</p> <p>PIZZA!!! Green Salad, Carrots, Celery, Cucumbers, and Fresh Pineapple</p> <p style="text-align: right;">28</p>
<p>Cold Cereal and Toast Or Dutch Waffle Spider Web</p> <p>Mummy Dogs, French Fries, Green Salad, Strawberry Cup, and Trick-Or-Treat!</p> <p style="text-align: right;">31</p>				

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