

LUNCH AND BREAKFAST

2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Chicken patty or fish on a bun, lettuce and tomato, fries and fruit Cereal, fruit toast	2
3	4 SPRING BREAK	5 SPRING BREAK	6 SPRING BREAK	7 SPRING BREAK	8 SPRING BREAK	9
10	11 K-6 Sack lunch 8-12 Conference Cereal, fruit and toast	12 Rotini and meat sauce, green beans, roll, fruit and veggies Breakfast sand., fruit	13 Pizza, Caesar salad, fruit and fresh veggies, Cereal, fruit and toast	14 <i>1st grade choice</i> Nachos, veggie tray, watermelon and cake Breakfast pizza, fruit	15 Tomato soup, grilled cheese sandwich, fruit and veggies Cereal, fruit and toast	16
17	18 Deli sandwich, fries, fruit, baked beans, and veggie tray Cereal, fruit and toast	19 Tacos, potato rounds, refried beans, fruit and fresh veggies Cheese omelets, fruit	20 Tator tot casserole, green beans, biscuit, fruit and veggies Cereal, fruit and toast	21 Cheeseburgers, lettuce and tomato, fries and fruit Waffles, fruit and toast	22 Italian dunkers with marinara, Caesar salad, corn and fruit Cereal, fruit and toast	23
24	25 Chicken, mashed potatoes and gravy, corn and fruit Cereal, fruit and toast	26 Pepperoni rippers, Caesar salad, corn, fruit and veggies Breakfast burritos	27 Chicken alfredo, green beans, fruit and roll and fresh veggies Cereal, fruit and toast	28 Soup choice, sandwich choice, fruit and fresh veggies Muffins and yogurt	29 Chicken on a bun, lettuce and tomato, fruit and fries Cereal, fruit and toast	30

THE WILBUR SCHOOL IS AN EQUAL OPPORTUNITY EMPLOYER
ALL MEALS INCLUDE A ½ PINT OF MILK AND FRESH VEGETABLE AND OR FRUIT