

January



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 Chicken nuggets, french fries, fruit and fresh veggies Cereal, fruit and toast	4 Rotini and meat sauce, roll, corn and fresh veggies Waffles, sausage	5 Vegetable soup, grilled cheese sandwich, fruit and fresh veggies Cereal, fruit and toast	6 Pizza wrap, Caesar salad, corn, fruit and fresh veggies Mini bagels and fruit	7 Chicken patty on a bun, fries, coleslaw and fruit Cereal, fruit and toast	8
9	10 Chicken alfredo, green beans, bread sticks, fruit and fresh veggies Cereal, fruit and toast	11 Nachos, tossed salad, refried beans, fresh veggies and fruit Pancakes, sausage	12 Chicken strips, waffle fries, pasta salad, fruit and fresh veggies Cereal, fruit and toast	13 Waffles, scrambled eggs, sausage, fruit and juice Muffins, yogurt, fruit	14 4 th Grade choice Pizza, Caesar salad, tator tots and grapes Cereal, fruit and toast	15
16	17 MLK DAY NO SCHOOL	18 Taco soup, corn bread, tossed salad, fruit and veggies Cereal, fruit, toast	19 Italian dunkers, Caesar salad, fruit ad fresh veggies Cereal, fruit and toast	20 Pulled Pork sandwich, cole slaw, fries, fruit and fresh veggies Cheese omelet, fruit	21 Cheeseburgers, French fries, fresh veggies and fruit Cereal, fruit and toast	22
23	24 Chicken noodle soup, sandwiches, fruit and fresh veggies Cereal, fruit and toast	25 Walking Tacos, refried beans, fruit and fresh veggies French toast, sausage	26 Chicken nuggets, mashed potatoes and gravy, corn and fruit Cereal, fruit and toast	27 Pizza, Caesar salad, corn, fruit and fresh veggies Biscuits and gravy	28 Taco's, potato rounds, refried beans, fruit and fresh veggies Cereal, fruit and toast	29
30	31 Orange chicken, rice, roasted veggies and fruit Cereal, fruit and toast					

THE WILBUR SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER
ALL MEALS INCLUDE A ½ PINT OF MILK AND FRESH VEGETABLE AND OR FRUIT