

NOVEMBER 2022

Transylvania County Schools

Fresh Fruit and Vegetable Program

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Teacher
Workday

2
Local Granny
Smith Apple



3
Sweet Potato
Sticks



7
Local Gala Apple



8
Zucchini Coins
w/ Ranch Dip



9
Fruit Medley



14
Local Red Apple



15
Broccoli
w/ Ranch Dip



16
Pluot



21
Cantaloupe



22
No School

23
Happy
Thanksgiving!

28
Pineapple Chunks



29
Celery Sticks
w/ Ranch Dip



Did you know?

The full moon in November is traditionally called the Beaver Moon in the US.

The USDA-Fresh Fruit and Vegetable Grant Program is available to qualifying Elementary Schools in North Carolina upon application.

We are pleased to announce that for school year 2022-2023 Transylvania County Schools qualified for this wonderful program and will be able to provide a fresh fruit or vegetable snack to all elementary students on Tuesdays, Wednesdays and Thursdays each week.

This Menu is Subject to Change Due to the Availability and Pricing of Fresh Fruit and Vegetable Items.

Revised 11/02/2022

USDA is an equal opportunity provider.