

January OHS Lunch Menu

2
No School

3
Homemade Pizza
Fruit
Vegetable

4
Chicken Parmesan
Penne Pasta
Fruit
Vegetable

5
Bacon & Swiss
Frittata
English Muffin
Fruit & Vegetable

6
Cheeseburger
Fries
Fruit
Vegetable

9
Pesto Minestrone
Toasted Ham &
Cheese
Fruit & Vegetable

10
Calzone
Fruit
Vegetable

11
Cheesy Cavatappi
Fruit
Vegetable

12
Apple Cinnamon
French Toast
Casserole
Fruit & Vegetable

13
No School

16
No School

17
Stromboli
Fruit
Vegetable

18
Baked Ziti w/tomato,
ricotta, spinach, and
Mozzarella
Fruit & Vegetable

19
Chicken Tenders
French Fries
Fruit
Vegetable

20
Cheesy Breadsticks
Marinara
Fruit
Vegetable

23
Chicken Pozole
Cornbread
Fruit
Vegetable

24
Homemade Pizza
Fruit
Vegetable

25
Chicken Alfredo
Pasta Bake
Fruit
Vegetable

26
Buffalo Chicken Dip
Pita Chips
Fruit
Vegetable

27
Chili Cheese Dog
Curly Fries
Fruit
Vegetable

30
Ramen & Dumplings
Fruit
Vegetable

31
Calzone
Fruit
Vegetable

Lunch Menu includes a whole grain or meat/meat alternative, fruit, vegetable, and milk component in compliance with the National School Lunch Program. All Grains listed are Whole Grain Rich and 1% white milk is served daily **Menus are subject to change without notice**

"This institution is an equal opportunity provider"